



Julian Alps Hut-to-Hut (Self-Guided)

Please email us at info@alpineexploratory.com or call us on +44 (0)1729 823 197 to chat about this holiday. You'll find all the latest information at www.alpineexploratory.com/holidays/julian-alps-hut-to-hut.html.



Triglav's summit, highest in the Julian Alps

About these Holiday Notes

These Holiday Notes help you decide whether this holiday is right for you. Before your trip we send you final detailed information.

Details

Start Bohinj
Finish Bohinj
Region Julian Alps
Country Slovenia
Length 5 days' trekking and 1 valley walk
Typical day 15km (9.5 miles), 600m ascent (First trek day has 1,400m ascent)
Highest altitude 2,401m
Grade Expert

Introduction

The Julian Alps are limestone mountains whose highest point is Triglav at 2,864m. For mountain walkers and trekkers the range is very well set up, populated by good mountain huts and a network of trails.

This holiday is a 5-day trek in these scenic mountains, with a day at the end for less strenuous exploration in the valley. Stay at 4 huts along the way. The huts are cosy retreats in the mountains, sometimes perched in lofty positions and at other times in more wooded, sheltered spots.

One feature of our route is its flexibility. As well as our main route, options exist for side exploration, both following our suggestions and following your own intuition. There is also much flexibility in the schedule we can book for you.

The base for the trip is Bohinj, the name for the group of villages at the Eastern end of Lake Bohinj. This deep lake sits among steep hillsides on the Southern edge of the mountains.

The principal villages for us are Ribčev Laz and Stara Fužina. The traditional way of life is much in evidence here, with old barns next to the roadside, tiled with shingle. The traditional Slovenian hay racks are often to be seen in fields.

Our approach

Your route

Set off from Bohinj having stocked up for the trek. Your route takes to the forests above Lake Bohinj before skirting around the base of Triglav and descending through the Triglav Lakes Valley. A last day takes you over the mountain Vogel with hopefully some wide views of the range. For your last day, enjoy an easier daywalk or some local tourism.

Routecards and maps

Each day's route is explained in detail on your routecards, to bring you to your night's accommodation. For your valley day you have a choice of routecards to follow. We give you the real maps for you to follow, not printouts or photocopies.

Getting there and back

Your holiday starts and ends in Bohinj. Travel to and from Bohinj is not included in the holiday price - we leave it to you to make the arrangements that suit you best. Ljubljana is the most convenient airport with several transfer options available. Other airports can work well and we can advise before booking. Full information on flight and transfer options will be sent to you on booking.

Itinerary

Day 1: Arrival in Bohinj

Evening arrival in Bohinj. It's enjoyable to wander along the shore of Lake Bohinj or to go out for dinner at the local restaurants.
Hotel in Bohinj

Day 2: First day on trek

There is time to stock up with supplies in the village before setting off on trek. The walk up to the first hut is scenic and straightforward but involves a lot of height gain. There are options for detours on the way. Find this cosy old hut perched on a hillside with broad views to Triglav. **Mountain hut**

Day 3: Second day on trek

Today continue the uphill walking to reach Dom Planika (2,401m) on the high slopes of Triglav. The effort needed to climb up will hopefully be balanced by the unfolding views of the whole of the Southern section of the Julian Alps. Beyond, expect in clear weather to see the Karavanke and Kamnik-Savinja

ranges. Leaving the Planika hut the path starts an intriguing traverse to the second hut, your home for the night. **Mountain hut**

Day 4: Third day on trek

The Hribarice plateau at 2,358m is the highpoint of the third day. It's a stiff climb to this high expanse of limestone. Later is a delightful walk down through the Triglav Lakes Valley. Your hut tonight is a larger affair with good food. **Mountain Hut**

Day 5: Fourth day on trek

Today's objective is not too far away. This gives you chance to explore off the beaten track or to climb to a gentle saddle with a wide view West. First cross some beautiful wooded Karst ground. Local legend has it that Zlatorog, a horned goat, inhabited these parts. Descend to reach your fourth hut with its high views of the Bohinj area. **Mountain hut**

Day 6: Fifth day on trek

The rocky and spectacularly sited peak of Vogel (1,922m) is today's aim. Reach it from the hut by high mountain paths, in places steep and loose but quite manageable. Descend by the cable car to Lake Bohinj. There is an easy alternative given for this last stage. **Hotel in Bohinj**

Day 7: Easy exploration in the valley

Your last day is at your disposal. You might have seen enough mountains or you might be hungry for more! Explore the Bohinj area or visit Bled with its lake, island and castle. Gentle walks are possible from your base. **Hotel in Bohinj**

Day 8: Departure from Bohinj

Morning departure from Bohinj

Our usual schedule of accommodation might not be available, especially if there is not much time between booking and your trip starting. We will book accommodation as closely as possible to this itinerary and present you a schedule for you to check before we proceed.

Accommodation

This holiday stays in mountain huts for the 4 nights of the trek and in a friendly 4-star hotel in Ribčev Laz for the first night and last two nights.

Our **4-star hotel** is a good way to see some of the local tradition while enjoying a high level of comfort in a handy location.

Your trek involves staying at 4 different **mountain huts** each with its own character. The huts offer basic accommodation, usually

on alpine-style sleeping platforms and sometimes on bunk beds. The higher huts are more basic still and one hut does not have running water; bottled water can be bought, however.

If you would like single accommodation, this is possible for your nights in the hotel; in the huts, accommodation is in dormitories or shared rooms. Full details of your accommodation will be sent in your info pack.

While we book your places in the huts, it is not possible for us to pre-pay your hut fees. Full instructions are given in your joining notes on how much currency to take with you.

The walking

Terrain

The terrain on your walks comprises steep zig-zagging paths, narrow woodland and mountain paths, wide tracks through forests, and the odd country lane.

The route has some sections of particularly steep, rocky and loose mountain paths. Some sections have metal handrails, pegs or short ladders to make things easier. The short alternative on the last trek day skips one tricky section. Of course, you are always able to explore off our routecards and in doing so might also meet such harder terrain.

This trip has no *via ferrata* or climbing sections and is a walking trip throughout.

Your own routes

While your routecards make up the walking for the trip, you are of course free to walk wherever you choose, taking side trips or going by a different route of your own choice. Please note that if you follow your own route you will have left the holiday for the duration.

Food

Meals included are breakfasts on each morning in your hotel.

For lunches, dinners and all food while on trek, there is opportunity to stock up in the villages and at the huts, and your routecards and notes give information about these places.

For evening meals, the hut food is good and there are good options in the villages.

Insurance

Clients must have insurance to cover themselves for helicopter search & rescue, medical expenses and repatriation.

We recommend, but it is not compulsory, that you also have cover for personal liability, cancellation and your baggage and money.

You might find that your annual multi-trip travel insurance covers these items already.

We will send you details of suitable insurance policies on booking.

Passports and visas

UK passport holders do not need a visa to enter Slovenia for stays of up to 90 days. Please check that your passport is in date.

Weather

The weather in the Julian Alps between July and September is generally highly suitable for Alpine walking.

While snowfall is possible on higher ground all year round, it is unlikely in July and August. Higher up, snow patches might remain at the start of the summer but should not pose problems.

July and August are commonly the hottest months but with greater amounts of rain and greater risk of afternoon thunder storms; and September will again be a quieter time as the season winds down, with some beautifully clear days.

Thunderstorms are a particular danger in high summer, occurring most often in the afternoons.

Equipment

You will need the usual equipment for mountain walking in the Alps. Especially important are good walking boots, waterproofs and sun protection. Bedding is provided by the huts.

We will send you an equipment list on booking. Please also see the Equipment page of our website for more information.

Local expenses

Local expenses include food and drink other than breakfasts in the hotel, hut fees, plus any local transport, attractions and extras.

Guided days

Hire a professional mountain leader to join you on this self-guided holiday, for one or more days. A leader helps plan and carry out each day's walking and adds interest to your holiday by pointing out local features. Please contact us for prices and more information.

Groups

Walk by yourself or in your own group, or see if we can match you up with other like-minded walkers on the same holiday. Any group will be a maximum of 8 people.

Hazards

Health

Slovenia does not require tourists to take any vaccinations. However, it is recommended to keep tetanus vaccines up to date.

Safety

This is adventure travel! This holiday takes you to some wild and remote areas, in particular some areas of upland mountains where navigation can be difficult in poor weather. The weather can also be a hazard in itself. During any walking, whether following a routecard or making your own route, you are responsible for your own actions and safety and you should join the trip with suitable skills, experience and equipment.

Further information

Please email us with any questions at info@alpineexploratory.com.

Disclaimer

This information is given in good faith and is believed to be correct at the time of issue. Alpine Exploratory cannot be liable for any loss or injury incurred.